made with Calumet Baking Powder. Mother never had such wholesome bakings until she used Calumet.

"It's Calumet surety, uniformity, purity, strength, that makes every baking turn out right—that saves millions of housewives Baking Powder money. Be fair to yourself—use Calumet." scolved Highest Awards For Cheb Book Free --Ser Sty to Franci Con.



Cheep and big can Baking Powders do no nve you money. Calumet does -- it's Pure and far superior to sour milk and sode

His Prescription

"Doctor, I have a frightful cold in my head. What shall I take for it?" "A bandkerchief, madam."

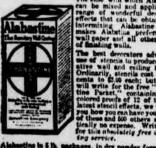
Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.—Adv.

Flattery is a sort of bad money, to which our vanity gives currency -La Roclfefoucauld.



The Alabastine "Free Decorating Service assist you to procure the correct tones and

Alabastine The superior wall finish



lehentine in 5 lb. packages, in dry powder form, read

Alabastine Co.



The Colorado Cartercar Co. LIVE AGENTS WANTED

E AL M. DENVER, NO. 8-1916.

COLORADO STATE NEWS

re Newspaper Calen News Bereice. BATES FOR COMING EVENTS.

March t.—Bemocratic State Central Committee Meeting in Denver, March 5-11.—Meeting Western Colo-tade Teachers' Association at Grand Invested March 20 April 2 - Cotorado Retall Merchante Association's Food and Industrial Expessition at Denver. April 12 - Democratic State Convention

Parks Congressional District publican Convencion at Colorado Springs
(a) 2 Republican State and Third
and Fourth Congressional District
Convention at Pueblo.

Fort Morgan Elks will hold a fair March 1-3

The Pueblo Salvation Army will have a tag day on the 19th. Joseph Lindsay, Leadville pioneer,

died suddenly at Phoenix, Ariz. Springfield citizens expect the Santa Fe will build a line to that

The Postal Savings Department of the Fort Lupton postoffice has been discontinued

Many Denverites would change from the commission to the mayor form of government

Trinity Episcopal church in Gree ley was damaged by fire to the extent of about \$300. Gustave Limprecht, a restaurant

employé at Boulder, was found dead in his rooming house. Patrick W. Lawler, a Broomfield rancher, was killed by an interurban

car about a mile north of Giobeville. The noon banquet on Friday of the Lamar Farmers' Week, Feb. 21 to 26, will be complimentary to Governor

Miss Grace Mark of Long bont was seriously burned when her skirts caught fire warle riding the tear seat world, and besides it is harmless. of a motorcycle.

The taxpayers of Firestone voted bonds in the sum of \$12,000 for the purpose of constructing a municipal waterworks system. A coroner's jury at Leadville de

cided that Dr. Rider came to his death from a gunshot wound from a gun in the hands of E. H. Sackett A call for the Democratic state central committee to convene in Denver

Saturday, March 4, was issued by Chairman Wellington Gates. The Boy Scouts of Sopris celebrat

ed the sixth anniversary of their orzanization at that camp with a banquet at the Lincoln school house. The 1916 beet centract stipulates he same price as last year, but lim-

its the amount of seed to twelve pounds per acre and none for replant Arthur Montague, charged with an assault upon a young orphan girl, was denied a change of venue by Judge

Wright in the West Side Court in benver. The State Dairy Commission is naking extensive preparations for he dairy sessions each forenoon and

Gold Dirt, a reining came near Cen-

A rosewood table used by President Abraham Lincoln as his office desk in the White House now stands in

the drawing room of Mrs. Clarence A. Brandenburg of Denver. Mrs. W. A. Osborne, 83, died at her home in Loveland of old age. Mrs.

Osborne was the widow of Judge W. A. Osborne and was the second white woman to locate in the Big Thompson valley. According to the report of the di-

rectors of the Denver Young Men's Christian Association, 1915 was the most successful from any angle of any year in the history of the organ-

Dedicatory exercises for the United States District Court in Denver will be held in the new quarters at 2 o'clock on the afternoon of Feb. 21, under the auspices of the Denver Bar Association.

Wm. Knaub of Windsor pleaded guilty in Greeley to giving away liquor at a wedding celebration held Windsor after the prohibitional law went into effect. He was fined \$100 and costs.

A bunch of about 100 els have come out of their winter range in the Ell: Creek basin down into the Rio Grande near Riverside ranch, above South Fork, and are being fed by govern ment forest rangers.

Inquiry of officers and stockholders of the Denver Union Water Company developed the fact that the company stood ready and willing to sell its plant to the city and county of Denver for approximately \$13,615,899.

At a meeting of the county commis sioners of the five San Luis valley Don't Persecute counties, held in Alamosa, the agreement between the Department of Ag Your Bowels riculture of the Federal government and the San Luis valley counties in regard to the retention of Agriculturist E. II. Thomas was renewed.

Mrs. Mellissa Chabin died at her nome in Denver of old age. She was 91 years old and came to Colorado forty-five years ago from Clampagne, III. Her husband, Abel Chabin, was one of the first Shriners in Denver and a well-known real estate man.

Col. James C. Bulger, slayer of Lloyd F. Nicodemus, whose execution was postponed three months ago that his sanity might be determined, was remanded to the Canon City peniten tiary. Unless the Supreme Court grants him a rehearing to determine his sanity, the soldier of fortune will be executed the week beginning Feb.

Denver and the intermountain country is a beneficiary by an action taken by the railroads of the country, which lengthens the Colorado summer tourist season just one month

Yes Con Areld The By Using PE-RU-NA

AA YEARA LEADERAN

Cetarrà mesas inflamnation, which is stagmation—the gorging of the circulation with impure

Correct all catarrial conditions, wherever located, by the me of PERUNA, obtainable in oither liquid or tablet form at all druggists or the Peruna Company

Columbus, Ohio

Horrid Man. Katharine-He told me I sang like his pet bird. Kidder-Hard luck. His pet bird is a parrot.

GAS, INDIGESTION

"Pape's Diapepsin" fixes sick, sour, gassy stomachs in five minutes. Time it! In five minutes all stomach

distress will go. No indigestion, heartburn, sourness or belching of gas, acid. or eructations of undigested food, no dizziness, bloating, or foul breath.

Pape's Diapepsin is noted for its speed in regulating upset stomachs. It is the surest, quickest and most certain indigestion remedy in the whole

Please for your sake, get a large fifty-cent case of Pape's Diapepsin from any store and put your stomach right. Don't keep on being miserable -life is too short-you are not here long, so make your stay agreeable. Eat what you like and digest it; enjoy it, without dread of rebellion in the stomach.

Pape's Diapepsin belongs in your home anyway. Should one of the family eat something which doesn't agree with them, or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement at daytime or during the night, it is handy to give the quickest relief known. Adv.

That's Why. 'Jones is a man of decided domes-

tic tastes, is he not?" "I don't know that it's a matter of taste. It's my belief he smokes those

they're domestic as because they're cheap.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 4 oz. of glycerine Apply to the hair twice a week ifternoon during the Lamar Farmers' Week, Feb. 21-26.

Mrs. Margaret Osborn, S., wife of Judge W. B. Osborn, died at Loveland She was one of the first settlers at Gold Dirt, a punitor grant of the first settlers at Gold Dirt, a punitor grant of the set of the first settlers at Gold Dirt, a punitor grant of the set of until it becomes the desired shade. Any drug-

Obliging to All. "Is Miss Triller an obliging singer?" "Oh, yes; half the time she refuses

Piles Cured in 6 to 14 Days
Druggists refund mener if PAZO OISTMENT falls
to cure Liching, Bind, Bleeding or Protruding
Piles. First application gives relief, Soc.

Procrastination is a banana peel that

has caused the dewnfall of many a

Makes Work a Burden

A bad back makes hard work harder. All day the dull throb and the sharp darting pains make you miserable, and there's no rest at night. Maybe it's your daily work that hurts the kidneys, for jarring, jolting, litting, reaching, dampness and many other strains d weaken them. Cure the kidneys. Use Doan's Kidney Pills. They have helped thousands and should do as well for you. Thousands recommend them.

A New Mexico Case Sandoval, "Ten Poter lells a Ster"

always worse when I caught cold. The trouble came on after an

he on after an Lack of maiaria. Along with the cin, I had inflammation of the blad r and the kidney secretions scalder passage. Nothing helped me until ured Doan's Kidney Pills. I can be too grateful for the improvement they made."

Get Doen's at Any Store, 50c a Ber DOAN'S KIDNEY
FOSTER-MILBURN CO., BUFFALO, N. Y.



SMALL PILL, SMALL DOSE, SMALL PRICE Genuine must bear Signature



JOR. EIGHTEENTH AND CURTIS STS. Liquor and Drug Addictions

Not a Bite of **Breakfast Until** You Drink Water

Says a glass of hot water and phosphate prevents illness and keeps us fit.

Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated from the system each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste, toxins and ptomainelike poisons are formed and sucked into the blood.

Men and women who can't get feeling right must begin to take inside baths. Before eating breakfast each morning drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash out of the thirty feet of bowels the previous day's accumulation of poisons and toxins and to keep the entire alimentary canal clean, pure and fresh.

Those who are subject to sick headache, colds, biliousness, constipation, others who wake up with bad taste, foul breath, backache, rheumatic stiffness, or have a sour, gassy stomach after meals, are urged to get a quarter pound of limestone phosphate from any druggist or storekeeper, and begin practicing internal sanitation. This will cost very little, but is suffcient to make anyone an enthusiast on the subject.

Remember inside bathing is more important than outside bathing, be cause the skin pores do not absorb impurities into the blood causing poor health, while the bowel pores do Just as soap and hot water cleanses, sweetens and freshens the skin, so hot water and limestone phosphate act on the stomach, liver kidneys and bowels.-Adv.

Uncle Eben.

"How many forks," said Uncle Eben, 'is tryin' to improve de world in gencarried out'n deir own basements!"

WHEN KIDNEYS ACT BAD TAKE GLASS OF SALTS

Eat Less Meat If Kidneys Hurt or You Have Backache or Bladder Misery -Meat Forms Uric Acid.

No man or woman who cats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which clogs the kidney pores so they sluggishly filter or strain only live-cent cigars not so much because part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, constipation, dizzicome from sluggish kidneys.

The moment you feel a dull ache in mous salts is made from the acid of the Sherman law. grapes and lemon juice, combined with lithia and has been used for generations to flush clogged kidneys and stimulate them to activity, also to neutralize the acids in urine so it no this preference due entirely to sentilonger causes irritation, thus ending ment, or does it have its basis in bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which all regular meat eaters should take now and then to keep the kidneys clean and the blood pure, thereby avoiding serious kidney complications.-Adv.

Chopping His Off. "I don't want to interfere with your business, but " began the village

"All right!" interrupted Cyrus K. Snapper. "Go ahead and interfere with it!"-Judge.

Look, Mother! If tongue coated, give "California Syrup of Figs."

Children love this "fruit laxative." and nothing else cleanses the tender stomach, liver and bowels so nicely. A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach sours, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad. system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the sys-

tem, and you have a well child again. Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which

has full directions for bables, children of all ages and for grown-ups plainly printed on the bottle. Adv. The girl who chooses a husband because he has the 'rocks" may have

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your Eyes young and you will look young. After the Movies Murine Your Eyes. Don't tell your age. Murine Eyes Ramedy Co., Chicago, Sends Eye Book on request.

a marble heart.

The dancing master is always taking steps to raise money,

What Progressives Want of Re publican Party.

Seek Only Nomination of Receivelt -Willing to Allew the Platform to Be as Reactionary as Wall Street May Desire.

Chairman Hilles of the Republican National committee gives assurances that the National convention "will be open-minded," and Franklin Murphy of New Jersey finds that "there is a great disposition to bring about harmony if the Progressives are not too nasty.

The Progressives consist of the colonel, who always runs for office, and of George W. Perkins, who always pays the freight. The others do not count. We are sure that the colonel and Brother Perkins will not be "too nasty." The colonel will be satisfied with the nomination for president, and Brother Perkins will be satisfied to have the Republicans collect the colonel's campaign fund, trusting to the colonel's fondness for "men of my type" for further reward.

In order to have harmony so far as the Progressives are concerned, all the Republicans need to do is to nomi nate the colonel. They may make the platform as reactionary as they please. They may sell out the party to the highest bidder in Wall street. They may restore Hannalam in its most sordid and sinister form. But if they nominate the colonel the Progressives will not be "pasty."

Real Basis of Prosperity.

A New York financial publication calculates that last year, whereas our foreign trade amounted to \$5,350,000, 000, the domestic commerce of the United States was over \$500,000,000. 000. That is, in the year of the greatest foreign commerce we have ever known, that commerce was only one per cent of the domestic business.

It is well for Americans to keep these considerations in mind. After all, this country is the chief market for this country's products and induseral an' forgettin' to have de ashes try. The most important effect that can be made for promotion of industry and enterprise is to insure that our own products have the best chance in their home market, our own labor be employed at remunerative wages.

"oreign trale is highly important to us, but domestic traffic is immeasurably more so. The fact cannot be too earnestly impressed. That policy which will do most for home production, which will give assurance of steady, permanent employment to la bor and capital, is after all the real basis on which permanent prosperity will be established.

Steel Trust Dividends.

The steel trust resumed paying dividends at the rate of 5 per cent on its ness, sleeplessness, bladder disorders common stock, after a long period of lower or wholly absent returns. It made this recovery under a low-tariff the kidneys or your back hurts, or if regime and during a Democratic adthe urine is cloudy offensive, full of ministration. Yet steel trust magsediment, irregular of passage or at- nates are working tooth and nail to tended by a sensation of scalding get displace that administration, and his will. about four ounces of Jad Salts from bring back to the White House the any reliable pharmacy and take a man whose wild mouthings precipitablespoonful in a glass of water be tated the panic of 1907-when they fore breakfast for a few days and your | were allowed to absorb the Tennessee

The moral seems to be that these magnates prize the privilege of break ing the law more highly than the chance to earn good dividends. Is stock-market profits not shown on the balance sheet of the corporation?

Country's Prosperity. Exports 40 per cent larger than the previous high record, and excess of exports much more than twice as large in spite of small reduction in imports, tell a remarkable story of quick trade expansion into outside markets. Net gold imports for the year of \$420,528,672 were three times greater than the highest record of any year before the war and leave an apparently unsettled export excess of above \$1,358,000,000, which largely represents the amount of foreign loans absorbed here during the year and American securities sold here by foreign holders.

Somewhat Inconsistent.

We as a country are facing a great world crisis in which for the last eighteen months this nation has fallen far short of its duty, both to its own people and to the law-abiding and justice-loving nations of mankind.-Colonel Roosevelt.

And this from the man who tore up the treaty with Colombia, made the United States government the partner of a paid lobbyist and "took" the Isthmus of Panama.

Party of Personalities.

For a party devoted to principles exclusively, the Progressives have an unfortunate way of getting their principles snarled up with personalities. "Don't get it into your mind," says Mr. Perkins, "that we are going to abandon the principles for which we fought in 1912. The national features of our 1912 platform are more necessary today than they were then." And they are summed up in a single phrase, "Get rid of Wilson." In 1912 the eternal principles of social justice amounted to "Get rid of Taft."

Conclusions That Conflict. The chairman of the Republican National committee has reached the comforting conclusion that President Wilson is politically bankrupt, and the uncomforting conclusion that it will be very difficult to defeat him.

Republican Handicap. When the Republicans look over their presidential timber it must seem to them that conservation of presidential timber has been something of a failure.-Albany Argus.

When a fool and his money are parted the parting is such sweet sor

emiles for a nickel. Always buy Red Rag Blue; have beautiful, clear clothes. Adv.

Classified.

"What is Dubkins, anyhow, pro-ally or pro-German?" asked Hickenlooper. "Oh, Dubkins is a snootral," said Blifkins "Snootral? You mean neutral, don't

"No," said Blifkins, "I mean snootral Dubkins spends his time turning up his nose at both sides."

BANISH PIMPLES QUICKLY

Easily and Cheaply by Using Cuticum Soap and Ointment. Trial Free.

Smear the pimples lightly with Cuticura Ointment on end of finger and allow it to remain on five minutes. Then bathe with hot water and Cuticura Soap and continue some minutes. This treatment is best upon rising and retiring, but is effective at any time.

Free sample each by mail with Book Address postcard, Cuticura, Dept. L., Boston. Sold everywhere.—Adv. The Case Stated.

"Ain't no sich critter." A GRATEFUL OLD LADY.

play about a dumb wife?"

Mrs. A. G. Clemens, West Alexan der, Pa., writes: I have used Dodd's Kidney Pills, also Diamond Dinner Pills. Before using them I had suffered for a number of

also tender spots on To spine, and had at times black floating specks before my eyes. I also had lumbago and heart trouble. Since using this medicine I have been Mrs.A.G.Ges relieved of my suf-

years with backache,

fering. It is agreeable to me for you to publish this letter. I am glad to have an opportunity to say to all who are suffering as I have done that obtained relief by using Dodd's Kidney Pills and Diamond Dinner Pills. Dodd's Kidney Pills 50c per box at your dealer or Dodd's Medicine Co.,

ioc per box.-Adv. This Year. Guide-This is the Lover's Leap. Tourist-Where she proposed to him?-New York Sun.

Buffalo, N. Y. Dodd's Dyspepsia Tab-

ets for Indigestion have been proved.

Weeks' Break-Up-A-Cold Tablets A guaranteed remedy for Colds and La Grippe. Price 25c of your druggist. it's good. Take nothing elre.-Adv. A man always feels contemptible

when he lets a girl kiss him against

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Cart Flitcher.
In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Resignation may be a good sauce for adversity. New Strength for Lame Backs and Worn-out Conditions

Dear Mr. Editor: I suffered from lame back and a around. It would usually come on at first with crick in small of my back. I took Anuric Tablets and my back best remedy I have ever taken for wrapper. what it is intended to relieve.

A. G. DRAKE.

sluggish and clog, you suffer from backache, sick-headache, dizzy spells,

To Lydia E. Platham's Vag

Washington Park, IL - "I am the sother of four children and have out-fored with found I could just te

and I would ache all

over and feel so sick that I would not wast enyone to talk to me at times. Lydia E. Pinkham's Vegetable Compound and Liver Pills re-stored me to health and I want to thank you for the good they have done me. I have had quite a bit of trouble and worry but it does not affect my youthful looks. My friends say 'Why do you look so young and well?' I owe it all to the Lydis E Pinkham remedies."

-Mrs. ROBT. STOPIEL, Moore Avenue, Washington Park, Illinois. We wish every woman who suffere from female troubles, nervousness, backache or the blues could see the let-

ters written by women made well by Ly-dia E. Pinkham's Vegetable Compound. If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of "What d'ye think, Hiram, of this charge.

> As a Special Compliment. "My ma's gone downtown to pay ome bills."

"Pooh! The man comes to the house to collect ours."

SLUGGISH BOWELS

No sick headache, sour stomach, biliousness or constipation by morning.

Get a 10-cent box now. Turn the rascals out-the headache, billousness, indigestion, the sick, sour stomach and foul gases-turn them out to-night and keep them out with Cascarets. Millions of men and women take a

Cascaret now and then and never

know the misery caused by a lazy liver, clogged bowels or an upset stom-Don't put in another day of distress. Let Cascarets cleanse your stomach; remove the sour, fermenting food; take the excess bile from your liver and carry out all the constipated

waste matter and polson in the bowels. Then you will feel great. A Cascaret to-night straightens you out by morning. They work while you sleep. A 10-cent box from any drug store means a clear head. sweet stomach and clean, healthy liver and bowel action for months. Children love Cascarets because they never gripe or sicken. Adv.

Praise men and flatter women, and

Be happy. Use Red Cross Bag Blue; much better than liquid blue. Delights the laundress. All grocers. Adv.

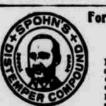
One should learn to talk well-also when it is well not to talk.

FROM GIRLHOOD TO OLD AGE WOMEN ARE HELPED

At the first symptoms of any de tired, worn-out feeling. Was unable to rangement of the feminine organism stand erect and scarcely able to get at any period of life the one safe, really helpful remedy is Dr. Pierce's Favorite Prescription for every conceivable allment and disease of a womanly nature. commenced to get better. I did not ment and disease of a womanly nature. have to walk doubled over as I did It is a woman's temperance medicine before using the "Anuric." It is the and its ingredients are published on

Dr. Pierce's Favorite Prescription is a true friend to women in times of NOTE:-When your kidneys get trial and at times of pain when the organs are not performing their functions. For headache, backache, hot or the twinges and pains of lumbago, rheumatism and gout. "Anuric" is the most powerful agent in dissolving uric acid, as hot water melts sugar.

Ask the druggist for "Anuric," put up by Dr. Pierce, in 50-cent packages. tions. For headache, backache, hot flashes, catarrhal conditions, bearing down sensations, mental depression, dizziness, fainting spells, women should never fall to take this tried and true women's medicine.



KEYE DISTEMPER CATARENTAL PEVER AND THROAT DISEASES

Cures the sick and acts as a preventative for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy. 50 cents a bottle, \$5 a dozen. Sold by all druggists and turf goods houses, or sent, express paid, by the manufacturers. Booklet, "Distemper, Cause and Cure," free. SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

Grain Crops Bumper Good Markets-High Prices

> The winnings of Western Canada at the Soil Products Exposition at Denver were easily made. The list comprised Wheat, Oats, Barley and Grasses, the most important being the prizes for Wheat and Oats and sweep stake on Alfalfa.

No less important than the splendid quality of Western Canada's wheat and other grains, is the excellence of the cattle fed and fattened on the grasses of that country. A recent shipment of cattle to Chicago topped the market in that city for quality and price. Western Canada produced in 1915 one-third as much wheat

as all of the United States, or over 300,000,000 bushels.

Canada in proportion to population has a greater exportable surplus of wheat this year than any country in the world, and at present prices you can figure out the revenue for the producer. In Western Canada you will find good markets, splendid schools, exceptional social conditions, perfect climate and other great attractions. There

W. V. BENNETT, Room 4, Bee Bidg., Omeha, Nebr. Canadian Government Agent

et and set for reduced railway rates, information as to best locations, et-

